

# HEART

Helping Every Adult Refine Transition Calendar of Big Ideas



August 2025

### MON

## Community Group A Abbie

Andy Josh Ben

### Community 4 Group A

National Chocolate Chip Cookie Day

Advocacy Group

#### 11 Community Group A

MCF -Extreme Raptors Show

Pack a Lunch or buy lunch at the Fair

#### 18 Community Group A

Snack Creation

Monday Music Enrichment

#### Community Group A

Three Sisters
Painting
Studio \$5

### TUE

#### Community Group B

Dylan Teagan Katie

#### Community ()5 Group B

Cardio Drumming YMCA

Pack a cold lunch with a drink

### Community 12 Group B

Snack Creation

MCLS Understanding AI

#### 19 Community Group B

Sea Shell Craft

National Potato Day See Band App to sign up to bring a topping for a potato bar

### Community 26 Group B

Karaoke

### WF

#### Community Group C

Shadalynn James Adam Keira

### O6 Community Group C

Coffee and Crafts with the MCLS

### Community 13 Group C

Creation Station Button Making

#### Community 20 Group C

Creation
Station
Soap Buttons

### Community 27 Group C

National Peach Day

Snack Creation

### THU

#### Community Group D

Breanna Raevin

### $07 \frac{\text{Community}}{\text{Group D}}$

Lunch & Learn with MCLS

### Community Group D

Fan Craft

#### 21 Community Group D

Movie / Game Day

### Community 28 Group D

Flower Craft

### FRI

#### O1 Peoples 1st Meeting

Swimming at the YMCA Pack a cold lunch with a drink

### 08

Program
Closed Due to
MVESC Staff
Meeting

#### 15 MCF - Fire Fighters Show

Pack a Lunch or buy lunch at the Fair

#### 22

Swimming at the YMCA

Pack a cold lunch with a drink

#### 29

Bowling \$5.00

### **Notes**

Activities that are in Green require money to participate. Please see the following for suggested amounts.

- \*Arcade \$10
- \*Movies \$7

\*Bowling / Putt-Putt \$5/game plus extra if you want a snack or lunch

\*Swimming - \$5 will be at the YMCA PACK A COLD LUNCH WITH A EXTRA DRINK

\*Painting class- \$5

\*Fast Food Outing- \$10

During the month of August we are going to try Community Groups of 4 or less peers. Each group will chose the activities they want to do on their day as a group. The cost of activities will range from free to \$10 depending on what activity the group chooses. The Community Groups are listed at the top on the calendar. If you have any questions feel free to give me a call.