Muskingum County Community Resource Guide

One-Stop Guide for Services and Support in Muskingum County



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IN AN EMERGENCY OR CRISIS

Dial 911 for an emergency	911
Crisis Hotline	1-800-344-5818
(Allwell Behavioral Health)	
Crisis Text Line	Text 4HOPE to 741 741
Connect by text to a Crisis Counselor	
National Suicide Prevention Lifeline	1-800-273-8255

ABUSE / DOMESTIC VIOLENCE / SEXUAL ASSAULT

Muskingum County Adult and Child Protective	Downtown Office
Services (MCACPS)	205 N. 7th Street,
Child Protective Services investigates reports of	PO Box 157
suspected abuse and neglect of children	Zanesville, OH 43701
Adult Protective Services investigates reports of	740-455-6710
suspected abuse, neglect, and exploitation of	https://www.muskingumkids.org/
adults (60+)	
Muskingum County Sheriff's Office	1840 East Pike
	Zanesville, OH 43701
	740-452-3637
National Child Abuse Hotline	1-800-4-A-CHILD (1-800-422-4453)
	4.000.555.11005.(4570)
National Sexual Abuse Assault Hotline /	1-800-656-HOPE (4673)
RAINN (Rape, Abuse, Incest National Network)	www.rainn.org
Ohio Domestic Violence Network	1-800-934-9840
One Domestic Violence Network	1-000-334-3040
Ohio Sexual Violence Helpline	1-844-644-6435
•	
Family Health Services of East Central Ohio -	727 Market St.
FHSECO	Zanesville, OH 43701
Victim advocacy and health clinic that provides	740-344-9291
STD/HIV testing, gynecological services,	800-688-3266
pregnancy testing and contraceptives (ages 13	www.fhseco.org
and up). Check website for times for walk-in STD	<u>victimservicesofeastcentralohio.com</u>
clinic.	
Safe at Home - Program participants are assigned	
a substitute address designated by the Secretary	

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FHSECO (cont.) of State's Office to serve as their address by shielding their personal information from public record (service for victims of domestic violence, stalking, human trafficking, rape, or sexual battery).	https://www.sos.state.oh.us/secretary-office/office-initiatives/safe-at-home/
Shelter - Eve Shelter - Marietta	1-800-974-3111
Provides emergency housing transitional housing and counseling to anyone who is a victim of domestic violence or sexual assault	https://eveshelter.com/
Shelter - The Lighthouse	740-687-4423 (24/7)
Provides emergency, 30-day stay for victims of	, , ,
domestic violence	
Shelter - Transitions - Zanesville	740-454-3213
Provides emergency housing, transitional	
housing, and counseling to anyone who is a	
victim of domestic violence or sexual assault	

ASSISTANCE AND SUPPORT SERVICES FOR FAMILILES / INFANTS / YOUTH / SENIOR CITIZENS / VETERANS

County Agencies	Muskingum County home page – links to county agencies https://www.muskingumcountyoh.gov/
Muskingum County Adult and Child Protective Services (MCACPS) Child Protective Services - Investigates reports of abuse and neglect of children; provides intervention services to children and families with substantiated abuse or neglect; provides substitute care services as needed; provides permanency for children with kinship providers and through adoption after court termination of parental rights Adult Protective Services - investigates reports of suspected abuse, neglect, and exploitation of adults (60+)	Downtown Office 205 N. 7th Street, PO Box 157 Zanesville, OH 43701 Report abuse and neglect 740-455-6710 Kinship Navigator Program 740-452-6339, ext. 106 Avondale Youth Center 4155 Roseville Road Zanesville Ohio 740-849-2344 https://www.muskingumkids.org/

Muskingum County Board of Developmental Disabilities (MCBDD)

Working in partnership with individuals with developmental disabilities and their families providing opportunities utilizing public and private supports, to live, learn, work and play in the community.

1304 Newark Rd.
Zanesville, OH 43701
740-453-4829
Emergency On-Call 1-888-905-0787
https://www.muskingumdd.org/

The Muskingum County Center for Seniors

The Senior Center provides activities, supportive services, meals, and transportation for qualifying senior citizens in Muskingum County.

160 N. Fourth Street Zanesville, OH 43701 740-454-9761 https://www.mccfs.org/

The Muskingum County Sheriff's Office offers the FREE and confidential program, "Are You OK?",

for the safety of our seniors, shut-ins and disabled persons who reside in Muskingum County. Sign up here:

https://www.ohiomuskingumsheriff.org/Resource s/Are-You-Okay/

Muskingum County Department of Veterans Services

Provides transportation to VA medical appointments, emergency financial assistance, and assistance with processing VA claims and benefits.

225 Underwood St, Room 500 Zanesville, OH 43701 740-455-7149

https://www.muskingumcountyoh.gov/Agencies/Veterans/

https://dvs.ohio.gov/wps/portal/gov/dvs/home

Veterans Crisis Hotline

1-800-273-8255, press 1 Text 838255

https://www.veteranscrisisline.net/

Muskingum County Job and Family Services (MCJFS)

Public Assistance

Temporary Assistance to Needy Families (**TANF**) cash assistance program; Supplemental Nutrition Assistance Program (**SNAP**) food assistance program; Medicaid Assistance; Supportive services and programs intended to help with job placement and retention for low income youth and young adults (**Ohio Means Jobs**); Subsidized child care for eligible families while in attendance at school, work, or job training

445 Woodlawn Ave
Zanesville, OH 43701
740-454-0161 MCJFS
740-455-7146 Child Support
740-454-6211 Ohio Means Jobs (OMJ)
https://www.muskingumcountyjfs.com/

MCJFS (cont.) **Child Support** Establishes and enforces child support orders and medical orders; works to establish paternity **Ohio Benefits** https://benefits.ohio.gov/ Helpful website to manage or apply for Medicaid (healthcare), childcare, food, and cash benefits Ohio Benefits (cont.) **Apply for Medicaid:** http://medicaid.ohio.gov/ or by calling 844-640-6446 **Ohio Department of Aging** https://aging.ohio.gov/ Offers resources for older Ohioans, caregivers, and professional in the aging network Area Agency on Aging Region 9 Area Agency on Aging Region 9 Ohio's Area Agencies on Aging (AAAs) respond to 710 Wheeling Avenue the needs of older adults as advocates, planners Cambridge, OH 43725 and funders. AAAs provide education, information 800-945-4250 and referral services to help older adults with 740-439-4478 home and community-based long-term care. https://aaa9.org/ **OhioKAN - Ohio Kinship and Adoption Navigator** 1-844-OHIO-KAN Free statewide service for both formal and Call to be connected with a Navigator within informal kinship and adoptive families. Navigators your region. explore areas of need with families and provide tailored resources to meet each identified need. https://ohiokan.jfs.ohio.gov/ **Opportunities for Ohioans with Disabilities (OOD)** 601 Underwood Street, Suite C Zanesville, OH 43701 State agency that empowers Ohioans with disabilities through employment, disability 800-645-1094 https://ood.ohio.gov/wps/portal/gov/ood/ determinations, and independence: Bureau of Vocational Rehabilitation - BVR Bureau of Services for the Visually Impaired - BSVI Division of Disability Determination - DDD (determines medical eligibility through Social Security benefits) Division of Employer and Innovation Services - EIS (responsible for establishing and maintaining partnerships with employers)

Social Security Administration	3823 James Ct. Zanesville, OH 1-855-884-3408 office 1-740-452-3049 TTY 1-800-772-1213 National toll-free number https://www.ssa.gov/
Zanesville Muskingum County Health Department (ZMCHD) Breastfeeding support; Car seat safety checks; Children with Medical Handicaps (CMH) - links families of children (up to age 21) with special healthcare needs to services; Cribs for Kids — ZMCHD (cont.) provides Graco Pack-n-Play cribs to families who do not have a safe place for their baby to sleep (cribs are provided through the Prenatal and Maternal/Newborn Home Visiting Program after a safe sleep assessment is completed); Children, Adult and Travel immunizations; Vision Resources - program provides a free eye exam and glasses, if prescribed, to people who qualify; Smart Choices Strong Families - gives pregnant women and families needed resources and skills to raise children; Women, Infants and Children (WIC) provides nutrition education, breastfeeding education, nutritious foods, formula, and support to women, infants and children up to age 5 Early Intervention - statewide system that provides coordinated services to parents of infants and toddlers with disabilities or developmental (cont. on next page) delays in Ohio; Help Me Grow — program provides health and developmental services for expectant parents, newborns, infants, and toddlers.	205 N. 7th Street Zanesville, OH 43701 740-450-3275 http://www.zmchd.org/ Health Department Directory of Available Services http://www.zmchd.org/wp- content/uploads/2021/05/Directory-of- Services.pdf

Other Services and Programs	
Bethel Community Center	126 Ontario Street
After school programs, money management	Zanesville, OH 43701
programs, mentoring, summer lunch program,	Check Facebook page for regular updates
adult GED programs, neighborhood events and	
programs.	
Big Brothers, Big Sisters of Zanesville	4 N. 7th Street
Mentoring Program	Zanesville, OH 43701
	740-453-7300
	https://www.bbbsz.org/

Bridges to Wellness	234-801-8012
Program that connects individuals and families	https://www.accesstusc.org/bridges-to-wellness
who have medical, social, and educational	
barriers to local resources by working with an	
experienced community care coordinator	
The Carr Center	1035 Beverly Avenue
Toddler enrichment program; service	Zanesville, OH 43701
coordination; reading tutoring; pediatric speech	740-453-5417
screenings and therapy; adult day care; Special	http://www.carrcenter.org/
Riders – opportunity to ride horses for individuals	
with severe physical; Safety Town; caregiver	
support group	
Catholic Social Services	422 Main Street
Resource for financial assistance only	Zanesville, OH 43701
nesource for infancial assistance utily	740-452-5057
	https://www.colscss.org/
	ittps://www.coiscss.org/
Eastside Community Ministry	221 Stillwell Street
After School Programs, Youth programs, Tools for	Zanesville, OH 43701
Schools, Lace up for Kids, Women's programs	740-452-7519
	https://www.eastsideministry.org/
Forever Dads	The Center for Fathers & Families
Programming to encourage, educate, and equip	109 Madison Street
men to develop positive relationships with their	Zanesville, OH 43701
children, family, and community.	740-453-1DAD (1323)
	https://foreverdads.com/
Hand Chart Mushingum County	4500 Adama Lana
Head Start - Muskingum County	1580 Adams Lane
Child Care Resources, Inc.	Zanesville, OH 43701
Head Start programs provide comprehensive	740-454-6251
services to enrolled children and their families.	http://ccri.org/
Program includes health, nutrition, social, and other services determined to be necessary by	
family needs assessments, in addition to	
education and cognitive development services.	
Early Head Start (2-year olds) and Head Start (3-5	
year olds)	
year olusj	
Heartbeats - Family Center	2447 Maple Ave.
Free pregnancy tests, nurse consultation, free	Zanesville, OH 43701
first trimester ultrasound, parenting support,	740-450-5437
clothing	800-712-4357 (24-hour Helpline)
	https://heartbeats.org/

Mid-East Career and Technology Centers -Mid-East Career and Technology Centers **Career and Academic Readiness Education** Career and Academic Readiness Education Office (CARE) - Program provides free classes to anyone 400 Richards Rd. who would like to earn their high school Zanesville, OH 43701 equivalency diploma such as the GED or HiSET 740-454-7242 diploma or refresh academic skills. Classes are available face-to-face or through distance education. A variety of class times and locations are available in a six county area served by Mid-East Career and Technology Centers. **Muskingum County Literacy Council (MCLC)** Contact the council directly by emailing Nonprofit organization that identifies, muskingumclc@gmail.com coordinates, and promotes literacy solutions for or register for the Imagination Library at: https://ohioimaginationlibrary.org/enroll youth, adults, and families by collaborating with the community; partnered with the Ohio Governor's Imagination Library **Muskingum Economic Opportunity Action** 828 Lee Street Group, Inc. (MEOAG) Zanesville, OH 43701 Eligibility-based programs to assist with housing, 740-453-5703 transportation, food and nutrition, child http://meoag.org/ development, utilities, employment; Supportive Services for Veterans Families (SSVF) **Muskingum Valley Educational Service Center** 205 N. 7th Street (MVESC) Zanesville, OH 43701 740-452-4518 Parent mentoring, Preschool, and Special **Education services** https://www.mvesc.org/ United Way of Muskingum, Perry and Morgan **Dial 211 Counties** https://www.unitedwayofmpm.org/ 211 - telephone number available 24 hours a day, seven days a week, 365 days a year. Call when in need to be connected with appropriate community-based organizations and government agencies. United Way of Muskingum, Perry and Morgan http://www.navigateresources.net/chic/search.aspx **Counties – Online Directory of Community** Resources **Zanesville Civic League** 928 Jackson Street Programs and events for students and families Zanesville, OH 43701 740-452-7401 that support education, personal growth, and positive future outcomes https://www.zclcc.org/

FOOD ASSISTANCE / FOOD PANTRIES / CLOTHING AND HOUSEHOLD ITEMS

Muskingum County Food Pantries are coordinated through 211. People are assigned a Pantry when they call 211.

Christ's Table Meals: Monday to Friday - lunch 11:00 am to 12:00 pm Saturday - lunch 11:00 am to 12:30 pm Meals for home bound individuals available Eastside Community Ministry Clothing bank, Food Pantry, Tools for Schools, Lace up for Kids, Produce Market	28 S. 6th Street Zanesville, OH 43701 740-452-9766 740-452-7966 Meal Deliveries www.christstable.org 221 Stillwell Street Zanesville, OH 43701 740-452-7519 https://www.eastsideministry.org/
Fellowship of Christ's Community Meals: Sunday 2:00 pm – 5:45 pm	40 N. 6 th Street Zanesville, OH 43701 740-455-3053
Heartbeats - Family Center Mother and baby help, clothing Heartbeats (cont.)	2447 Maple Ave. Zanesville, OH 43701 740-450-5437 800-712-4357 (24-hour Helpline) https://heartbeats.org/
Homeless Hands of Zanesville, LLC Provides tents, clothing, food, blankets, and necessities; help obtaining identification (cont. on next page) documents; assist in finding employment, housing, and transportation; Services only extend to the homeless that are living on the streets	522 Woodlawn Ave. Zanesville, Ohio 43701 740-617-7164 https://www.homelesshoz.org/
Hope to the Rescue Corporation Furniture, clothing, and other items as available; food pantry available too.	38 N. 4th Street, Suite 326 Zanesville, OH 43701 740-252-9518 See their Facebook page for updates
Muskingum County Health Department - Women, Infants and Children (WIC) Provides nutrition education, breastfeeding education, nutritious foods, formula, and support to women, infants, and children up to age 5	333 Putnam Avenue Zanesville, OH 43701 740-454-5040 www.zmchd.org

Muskingum County Job and Family Services (MCJFS)

Eligibility based programs that assist with food (Supplemental Nutrition Assistance Program - SNAP), cash assistance, clothing for children for school

445 Woodlawn Ave Zanesville, OH 43701 740-454-0161 MCJFS

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https://www.muskingumcountyjfs.com/

The Muskingum County Center for Seniors

Meals for senior citizens in Muskingum County.

160 N. Fourth Street Zanesville, OH 43701 740-454-9761

https://www.mccfs.org/

Muskingum Economic Opportunity Action Group, Inc.

Eligibility-based programs to assist with food and nutrition

828 Lee Street Zanesville, OH 43701 740-453-5703

http://meoag.org/

Muskingum Vineyard Church - Furniture Bank Gently used furniture, please call. They also accept gently used furniture donations.

299 Putnam Avenue Zanesville, OH 43701 740-586-0876

https://muskingumvineyard.org/furniture-bank/

Salvation Army – Zanesville Corps

Food pantry; Clothing Room **Salvation Army (cont.)** Meals: Monday – Friday,
4:00 pm -5:30 pm

515 Putnam Ave. Zanesville, OH 43701 740-452-8350

Trulight Ministries

Free hot breakfast Monday through Friday, 8:00 to 10:00 am; provide free clothing, toiletries, and furniture when available

807 Putnam Ave.

Zanesville OH 43702 740-704-8531

https://trulightministries.org/

United Way of Muskingum, Perry and Morgan

211 - telephone number available 24 hours a day, seven days a week, 365 days a year. Call when in need to be connected with appropriate community-based organizations and government agencies.

Dial 211

https://www.unitedwayofmpm.org/

United Way of Muskingum, Perry and Morgan Counties – Online Directory of Community

Counties – Online Directory of Community Resources

http://www.navigateresources.net/chic/search.aspx

HOUSING AND UTILITY ASSISTANCE / SHELTER OPTIONS

	1
Habitat for Humanity	14440 State Route 13
Programs that provide new homes for families in	Millfield, OH 45761
need, critical home repairs, and microfinance	740-592-0032
program	https://habitatseo.org/
Homeless Hands of Zanesville, LLC	522 Woodlawn Ave.
Provide tents, blankets, and necessities; assist in	Zanesville, Ohio 43701
finding housing; Services only extend to the	740-617-7164
homeless that are living on the streets.	https://www.homelesshoz.org/
Muskingum Economic Opportunity Action	828 Lee Street
Group, Inc.	Zanesville, OH 43701
Eligibility-based programs and funding available	740-453-5703
for mortgage and rent assistance through the	http://meoag.org/
Emergency Services Program (including rental	integry messagisty
assistance and water payment); utility assistance	
including the Home Energy Assistance Program	
(HEAP) - summer and winter crisis programs,	
Home Weatherization Assistance Program	
(HWAP)	
Shelter - Salvation Army - Zanesville	515 Putnam Avenue
·	
Emergency Homeless Shelter, Rent and Utility	Zanesville, OH 43701
assistance (when funds are available)	740-452-8350
	https://easternusa.salvationarmy.org/northeast-
	ohio/zanesville/
Shelter - Transitions - Zanesville	740-454-3213
Provides emergency housing, transitional	Crisis Hotline:
housing, and counseling to anyone who is a	800-344-5818
victim of domestic violence or sexual assault	800-344-3818
Victim of domestic violence of sexual assault	
United Way of Muskingum, Perry and Morgan	Dial 211
Counties	https://www.unitedwayofmpm.org/
211 - telephone number available 24 hours a day,	nttps.//www.uniteuwayompm.org/
seven days a week, 365 days a year. Call when in	
need to be connected with appropriate	
community-based organizations and government	
agencies.	
United Way of Muskingum, Perry and Morgan	http://www.navigateresources.net/chic/search.aspx
Counties – Online Directory of Community	Treepitt www.mavigateresources.met/eme/search.aspx
Resources	
NC3041CE3	

JOB AND EMPLOYMENT ASSISTANCE

Zanesville Metropolitan Housing Authority

Provides housing assistance for low income residents, the elderly, and the disabled through income-based programs – Low Rent Public Housing and Housing Choice Voucher Program

(ZMHA)

(Section 8)

Allwell C.O.R.E. Enterprise	1280 Linden Ave
Vocational, Employment, and Work Programs	Zanesville, OH 43701
	740-452-7477
	https://allwell.org/
Homeless Hands of Zanesville, LLC	522 Woodlawn Ave.
Assistance in finding employment offered to the	Zanesville, Ohio 43701
homeless living on the streets	740-617-7164
	https://www.homelesshoz.org/
Muskingum County Job and Family Services	445 Woodlawn Ave.
Supportive services and programs intended to	Zanesville, OH 43701
help with job placement and retention for low	740-454-0161
income youth and young adults (Ohio Means	https://www.muskingumcountyjfs.com/
Jobs); Subsidized child care for eligible families	
while in attendance at school, work, or job	Ohio Means Jobs (OMJ) -
training	http://ohiomeansjobs.com/ Wide variety of
	services for job seekers and employers
Ohio Benefits	https://benefits.ohio.gov/
Website with information on applying for and	Tittps:// benefits.onio.gov/
updating unemployment insurance	
Ohio Department of Job and Family Services	https://unemploymenthelp.ohio.gov/
Unemployment benefits information	
Ohio Means Jobs	https://jobs.ohiomeansjobs.monster.com/search.
Website for job searching, resume help	aspx?sid=68

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Temporary Employment Service – Action Total Staffing Temporary Employment Service – Employees Overload	2239 Maple Ave. Zanesville, OH 43701 740-450-8411 http://www.actiontotalstaffingohio.com/ 12 East locust Street Newark, OH 43055 740-322-6634 www.employersoverload.com
Temporary Employment Service – Kelly Services	https://www.kellyservices.us/
Temporary Employment Service - Mancan	1228 Brandywine Blvd. Zanesville, OH 43701 740-452-4222 https://www.mancan.com/
Trulight Ministries Employment and Transportation Program	807 Putnam Ave. Zanesville OH 43702 740-704-8531 https://trulightministries.org/
United Way of Muskingum, Perry and Morgan Counties 211 - telephone number available 24 hours a day, seven days a week, 365 days a year. Call when in need to be connected with appropriate United Way (cont.) community-based organizations and government agencies.	Dial 211 https://www.unitedwayofmpm.org/
United Way of Muskingum, Perry and Morgan Counties – Online Directory of Community Resources	http://www.navigateresources.net/chic/search.aspx

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LEGAL SERVICES

- 1 1v 11 0 1 0 1 1 1 1 1	LI III 644 226 7226
Family and Youth Law Center – Capital University	Hotline 614-236-7236
Law School	Legal advice main website: fylawhelp.org/
Legal advice to those without an attorney:	
-Parents receiving addiction treatment in Ohio	
-Custody matters for those without legal	
representation and are low-income	
-Ohioans aged 16-24 who were ever in foster care,	
or involved with Child Welfare, or Juvenile Court	
Muskingum County - Domestic Relations Court	22 N 5th Street
	Zanesville, Ohio 43701
	740-455-7190
	https://www.muskingumcountyoh.gov/
Muskingum County – Juvenile Court	1860 East Pike
	Zanesville, Ohio
	740-453-0351
	https://www.muskingumcountyoh.gov/
Muskingum County Prosecutors Office	27 N. 5 th Street
	Zanesville, OH 43701
	740-455-7123
Ohio Legal Help	https://www.ohiolegalhelp.org/
Need legal information, forms, or a lawyer?	
Southeastern Ohio Legal Services	Newark Office (serves Muskingum County)
Provides help with consumer issues, school	15 West Locust Avenue, Suite A
problems, domestic violence situations, family law	Newark, Ohio 43055
problems, health benefits issues, housing issues,	740-345-0850 or 888-831-9412 (toll free)
public benefits issues, taxes, utility issues,	https://www.seols.org/
employment issues, and other problems	

MEDICAL HEALTH SERVICES

Family Health Services of East Central Ohio Zanesville Clinic - through CDC - Provides a range of preventative reproductive healthcare services such as breast, cervical and testicle cancer screenings, STD/HIV testing, pregnancy testing and contraceptives (ages 13 and up). Services provided on a sliding fee scale; no one denied services for financial reasons.	727 Market St, Suite B Zanesville, Ohio 43701 740-453-2872 https://www.fhseco.com/
Genesis Health Care System Hospital Facilities Search for providers by name, specialty, city, doctor name, or service	2951 Maple Ave Zanesville, OH 43701 740-454-4000 www.genesishcs.org
Genesis Nurse Line Questions about health issues, Doctors taking patients and other health questions	740-455-4949
Muskingum County Jobs and Family Services Medicaid eligibility referral specialist; Pregnancy related services; Transportation to and from medical appointments for Medicaid eligible individuals	445 Woodlawn Ave. Zanesville, OH 43701 740-454-0161 https://www.muskingumcountyjfs.com/
Muskingum Valley Health Center Adult Primary Care; Infant, Child, and Adolescent Care; Dental Health; Behavioral Health; Podiatry; Patient Education; Health Insurance Enrollment Assistance, sliding fee scales	2725 Pinkerton Rd Zanesville, OH 43701 740-891-9000 https://www.mvhccares.org/ 716 Adair Avenue Zanesville
Nationwide Children's Hospital	700 Childrens Drive Columbus, OH 43205 614-722-2000 https://www.nationwidechildrens.org/
Ohio Benefits Helpful website to manage or apply for Medicaid (healthcare), childcare, food, and cash benefits	https://benefits.ohio.gov/ Apply for Medicaid: http://medicaid.ohio.gov/ or by calling 844-640-6446

Ohio's Best Rx Prescription drug discount card program designed to lower the cost of prescriptions for all Ohio residents. Use this web site to print a card, locate a pharmacy, and compare prescription drug prices.	2181 East Aurora Road, Suite 201 Twinsburg, OH 44087 866-923-7879 https://www.ohiobestrx.org/en/index.aspx
Ohio Department of Medicaid Managed Care coverage information	1-800-324-8680 (consumer hotline) https://www.ohiomh.com/
Rambo Memorial Health Center Help for Respiratory issues, smoking cessation, vaccinations, flu shots and other programs	711 Main Street Zanesville, OH 43701 740-452-5401 http://rambomemorialhealthcenter.org/
SingleCare Prescription drug discount program, free of charge.	https://www.singlecare.com/
Zanesville-Muskingum County Health Department Community related health and wellness issues	205 North 7th Street Zanesville, OH 43701 740-454-9741 www.zmchd.org

MENTAL HEALTH / BEHAVIORAL HEALTH / SUBSTANCE ABUSE SERVICES

Crisis Hotline	1-800-344-5818
Crisis Text Line	Text 4HOPE to 741 741
Connect by text to a Crisis Counselor	
Addicted.org	1-800-304-2219
Drug and alcohol addiction rehab services search	https://www.addicted.org/
assistance	
Allwell Behavioral Health Services	2845 Bell Street
Counseling and therapy, psychiatric services,	Zanesville, OH 43701
crisis intervention, prevention and wellness, and	740-454-9766
more; Telehealth services	https://allwell.org/
Allwell Crisis Stabilization Unit	Zanesville, OH 43701
Peer Support, Adult Residential Services,	740-455-4132
Therapeutic Monitoring	https://allwell.org/

Cedar Ridge Behavioral Health Solutions Customized treatment programs: Mental Health and Alcohol or other Drug Assessments; Independent Living Skills Assessments; Comprehensive Treatment Planning; Individual, Group, and Family Therapy; Crisis Support; Parenting Support; Case Management / Coordination; Psychiatric Services; and Employment Services; Virtual / Telehealth services	Zanesville Outpatient Office and Residential Location - The Schultz at Cedar Ridge 441 Putnam Ave Zanesville, OH 43701 Residential Location The Landing at Cedar Ridge 5559 Raiders Road Frazeysburg, OH 43822 855-692-7247 https://www.crbhs.org/home
Genesis Drug and Alcohol Recovery Program and Support Detoxification/withdrawal management, inpatient and outpatient programs	2951 Maple Avenue Zanesville, OH 43701 Outpatient inquiries call 740-454-5927 Inpatient withdrawal management inquiries call 740-454-5680 (New Vision at Genesis)
Mental Health & Recovery Services Board (MHRS) Provides services for mental health, alcohol and substance abuse. Referral service to providers in Coshocton, Guernsey, Morgan, Muskingum, Noble & Perry Counties Call for office hours	1500 Coal Run Rd. Zanesville, OH 43701 740-454-8557 https://www.mhrs.org/
Muskingum Behavioral Health Alcohol and substance use counseling, Prevention for alcohol and substance abuse, Mental health counseling, Recovery housing, Intensive outpatient program, Gambling addiction rehab	1127 West Main Street Zanesville, OH 43701 740-454-1266 https://www.muskingumbehavioralhealth.com/
Muskingum County Suicide Prevention Coalition The Coalition consists of community members and professionals in Muskingum County working toward prevention of self-injuries and deaths by suicide through education, intervention and prevention strategies.	1500 Coal Run Rd. Zanesville, OH 43701 740-454-8557
National Alliance on Mental Illness (NAMI) Information HelpLine provides information and referral services. NAMI (cont.)	National Helpline 1-800-950-NAMI (6264) NAMI Six County 740-647-9617 namisixcounty@gmail.com

National Suicide Prevention Lifeline	1-800-273-8255
Ohio Psychiatric Associates, Inc.	975 Bethesda Drive
Therapy for all age groups for mood and anxiety	Building 7
disorders, ADHD, eating disorders,	Zanesville OH 43701
developmental and cognitive disorders, psychotic	740-452-4539
disorders, family and couple therapy	http://www.opazanesville.com/
Substance Abuse & Mental Health Services	National Helpline
Administration (SAMHSA)	1-800-662-4357
Information on thousands of state-licensed	24/7, 365 days a year
providers who specialize in treating substance	https://findtreatment.gov/results
use disorders, addiction, and mental illness	
TRU-ROB Counseling and Consulting, LLC	1100-E Brandywine Blvd, Suite 3
Individual, couples, and family counseling; child	Zanesville, OH 43701
and adolescent behavioral counseling; eating	614-864-2702
disorders treatment; emotional and anger	https://www.tru-rob.com/
management control; ADD / ADHD Assessment /	
Counseling; Addiction assessment and treatment	

TEEN SERVICES

Bridges to Success Voluntary program available to young adults who left foster care in Ohio at ages 18, 19 or 20 and who are in school, working, participating in an employment program, or have a medical condition that prevents them from going to school or working. The program provides guidance and support as they transition to adulthood.	Southeast Region se.region@cfhcohio.org 614-869-3889 https://bridgestosuccess.jfs.ohio.gov/
Crisis Text Line Connect by text to a Crisis Counselor	Text 4HOPE to 741 741
LGBT National Help Center Provides peer-support, community connections and resource information to people with questions regarding sexual orientation and/or gender identity.	National Hotline 1-888-843-4564 National youth Talkline 1-800-246-7743 www.glnh.org

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Muskingum County Community Foundation Scholarship Central Scholarship search, ACT Test prep classes (Muskingum, Perry, Morgan, Coshocton priority registration)	534 Putnam Ave. Zanesville, OH 43701 740-453-5192 https://www.mccf.org/
Muskingum County Job and Family Services (MCJFS) Supportive services and programs intended to help with job placement and retention for low-income youth and young adults (Ohio Means Jobs)	445 Woodlawn Ave Zanesville, OH 43701 740-454-0161 MCJFS 740-454-6211 Ohio Means Jobs (OMJ) https://www.muskingumcountyjfs.com/
Muskingum Economic Opportunity Action Group, Inc. The Community Action Agency of Muskingum County (Community Action Partnership) M.E.O.A.G. Inc Scholarship Fund is to provide financial assistance to students who a) are residents of Muskingum County, b) want to attend institutions of higher education, but c) lack the required resources.	828 Lee Street Zanesville, OH 43701 740-453-5703, ext. 101 http://meoag.org/ Information on the David V. Stivision Appalachian Scholarship can be found here: http://new.coadinc.org/scholarships/
National Runaway Safeline	1-800-786-2929 https://www.1800runaway.org/
National Suicide Prevention Hotline Available 24/7 Assists in crisis, need, immediate assistance Linked with prevention and crisis resources	1-800-273-8255 https://suicidepreventionlifeline.org/
Trevor Project Crisis Line - LGBTQ Youth Trained counselors are available 24/7. If you are a young person in crisis, feeling suicidal, or in need of a safe and judgment-free place to talk call the TrevorLifeline 1-866-488-7386	1-866-488-7386 Text START to 678-678 https://www.thetrevorproject.org/
TrevorText is a confidential and secure resource that provides live help for LGBTQ youth with a trained specialist, over text messages. Text START to 678-678.	
You Matter A movement to spread the word that your problems, your worries, your fears, and above all you—unique and real you—matter. And because just about everyone—at some point—hits the wall, we're here to help.	https://youmatter.suicidepreventionlifeline.org/

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TRANSPORTATION

Mobility Management	Mobility Manager
Provides information on the many	740-487-4930 (office)
transportation options available in the county,	740-260-2266 (cell)
including public transportation, taxi services,	https://managemobility.org/
transportation for senior citizens, walking trails,	
bike paths, and ADA compliances.	
Muskingum Economic Opportunity Action	828 Lee Street
Group, Inc. (MEOAG)	Zanesville, OH 43701
Emergency Services Program is an eligibility-	740-454-1310 ext. 112 to speak with the
based program that can assist with necessary	Emergency Services Coordinator
car repair	http://meoag.org/
South East Area Transit (SEAT)	SEAT Transit Center
Public rural transportation provider for	224 Main Street
Muskingum, Guernsey, Noble counties. SEAT-	Zanesville, OH 43701
Safe, Efficient, Affordable Transportation	740-454-8573
	https://www.seatbus.org/
Starbright Cab Company	905 Goddard St.
Taxicab service for Zanesville area	Zanesville, OH 43701
	740-453-5417
Trulight Ministries	807 Putnam Ave.
Job and Transportation Program	Zanesville OH 43702
	740-704-8531
	https://trulightministries.org/
United Way of Muskingum, Perry and Morgan	Dial 211
Counties	https://www.unitedwayofmpm.org/
211 - telephone number available 24 hours a	
day, seven days a week, 365 days a year. Call	
when in need to be connected with appropriate	
community-based organizations and	
government agencies.	
United Way of Muskingum, Perry and Morgan	http://www.navigateresources.net/chic/search.aspx
Counties – Online Directory of Community	
Resources	